

# Healthcare to Home Care: Edmonton Zone Home Care

## University Of Alberta Hospital Ortho World Fair

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# What Does Home Care DO?

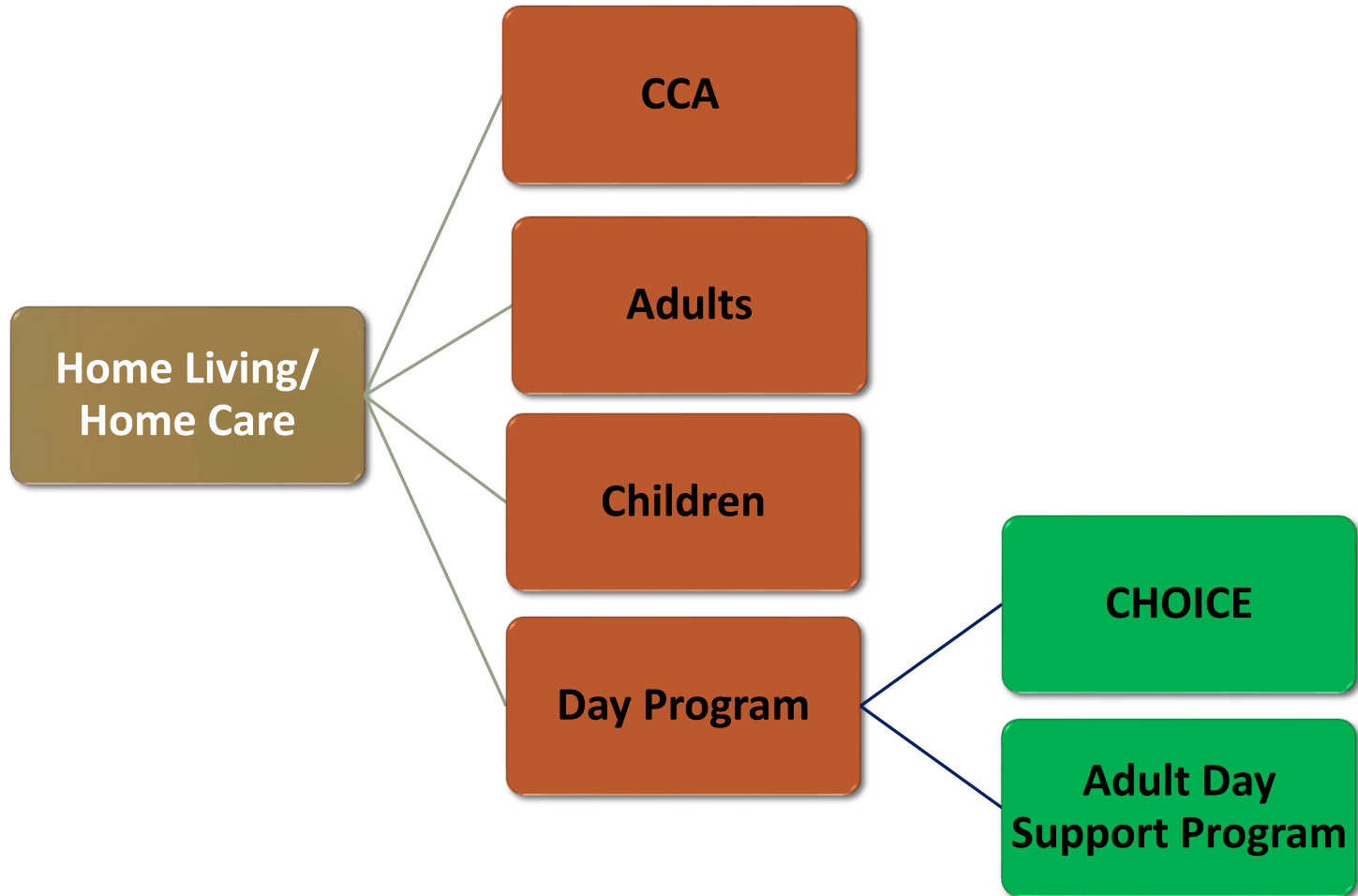
Home Care assists people to be safe and independent in their own homes.

- Home Care supplement care provided by informal and formal care providers
- Clinicians assess for unmet health needs.
- Clinical needs in hospital and *unmet needs* when the client is home may look very different

# Single Entry Point: Community Care Access (CCA)



# Home Living Program (HL)



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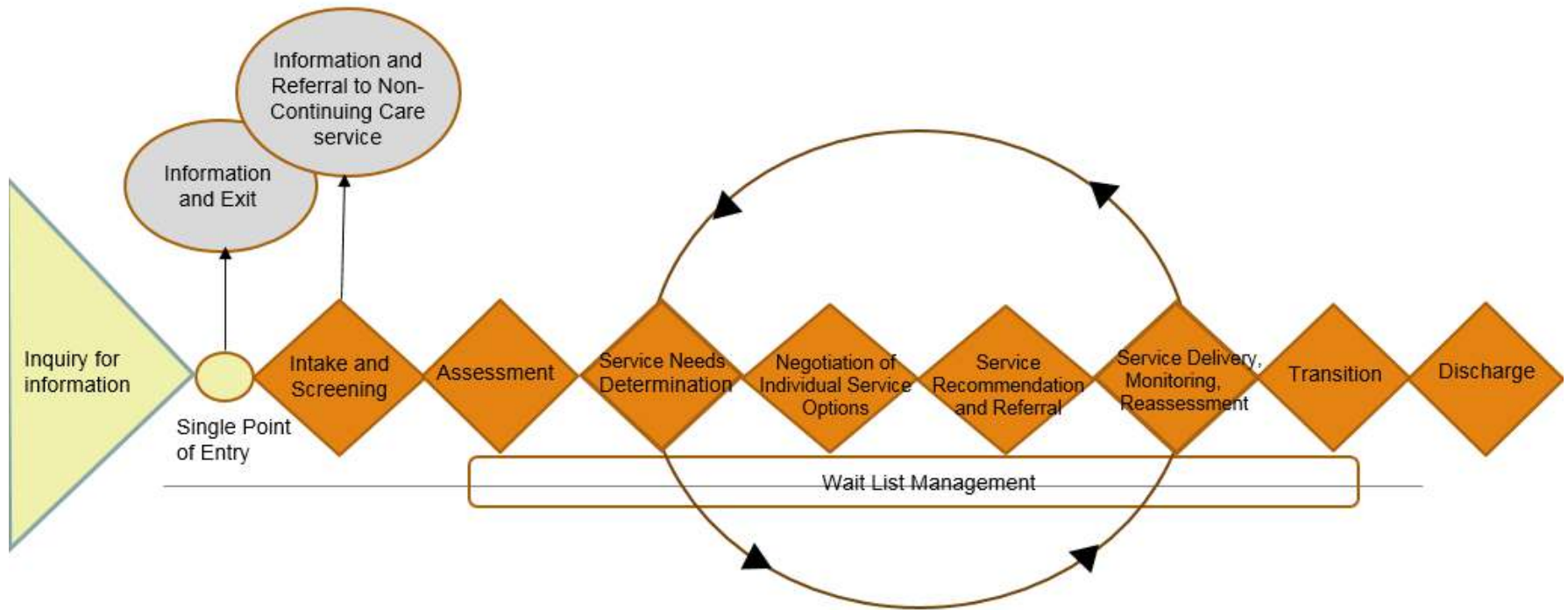
# The Clients We Serve

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- ❖ Acute client
- ❖ Rehabilitation client
- ❖ Long term supportive client
- ❖ Maintenance client
- ❖ End-of-life client
- ❖ Wellness client

# Intake process to Home Living

## Person-Centred Journey Through Coordinated Access



# Case Manager



# Meet Mrs. Hedgehog

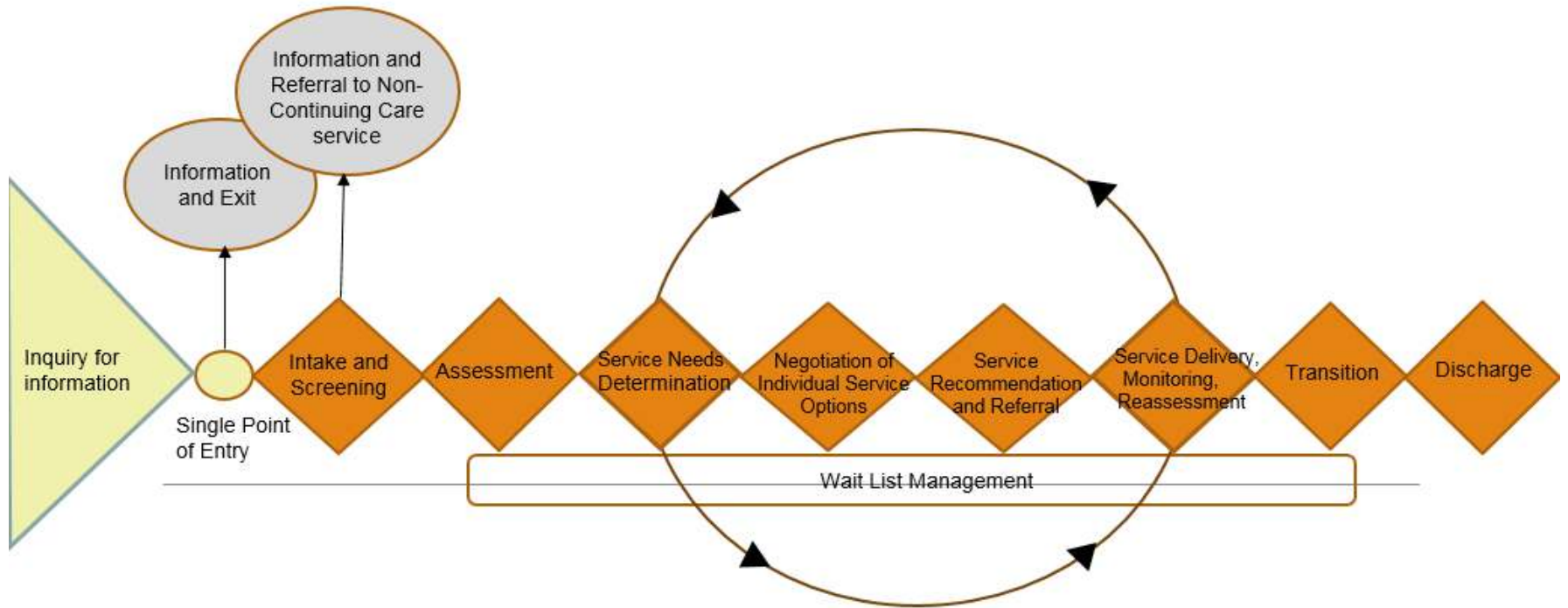
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# Intake process to Home Living

## Person-Centred Journey Through Coordinated Access



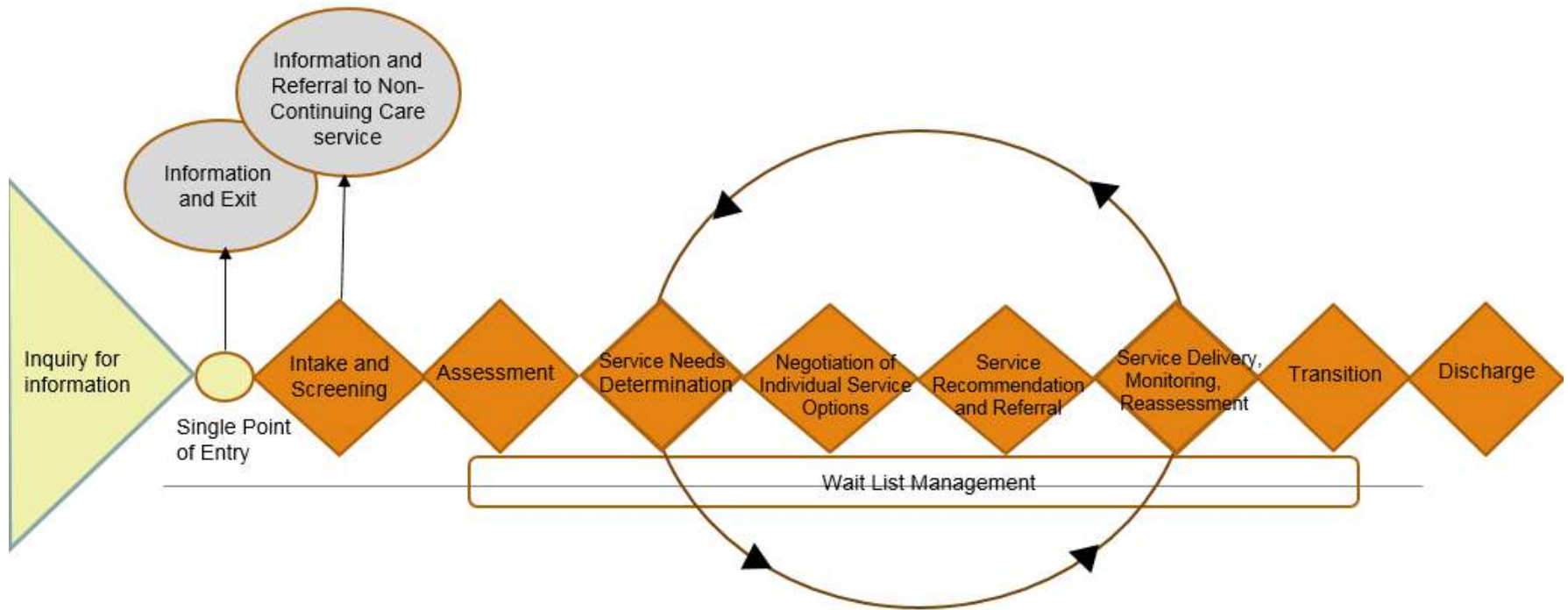
# Rehabilitation Client Group

- Stable health condition
- Client expected to improve
- **Time-limited focus on goal-oriented, functional rehabilitation**
- Rehabilitative care plan specifies goals & expected duration of therapy



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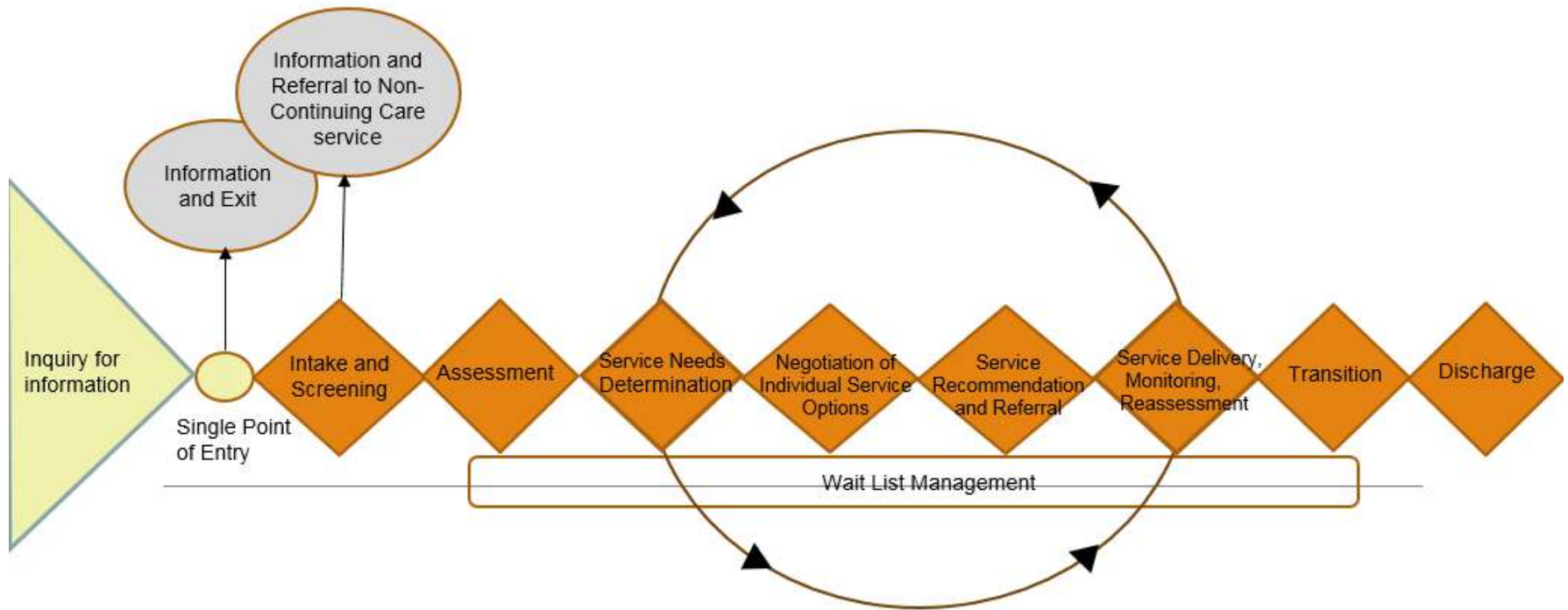
# Impacting Factors

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- **Hours and Days of Work:** Home Care Case Managers work Monday-Friday. No rehab services in sub urban/ rural sites on evenings and weekends. Nursing services available 7 days a week
- **Home Environment:** The environment can limit what interventions can be provided to the client and services available (personal care and community resources)
- **Care Assignment and Contracted Providers**

# Intake process to Home Living

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# In-Home Therapy?

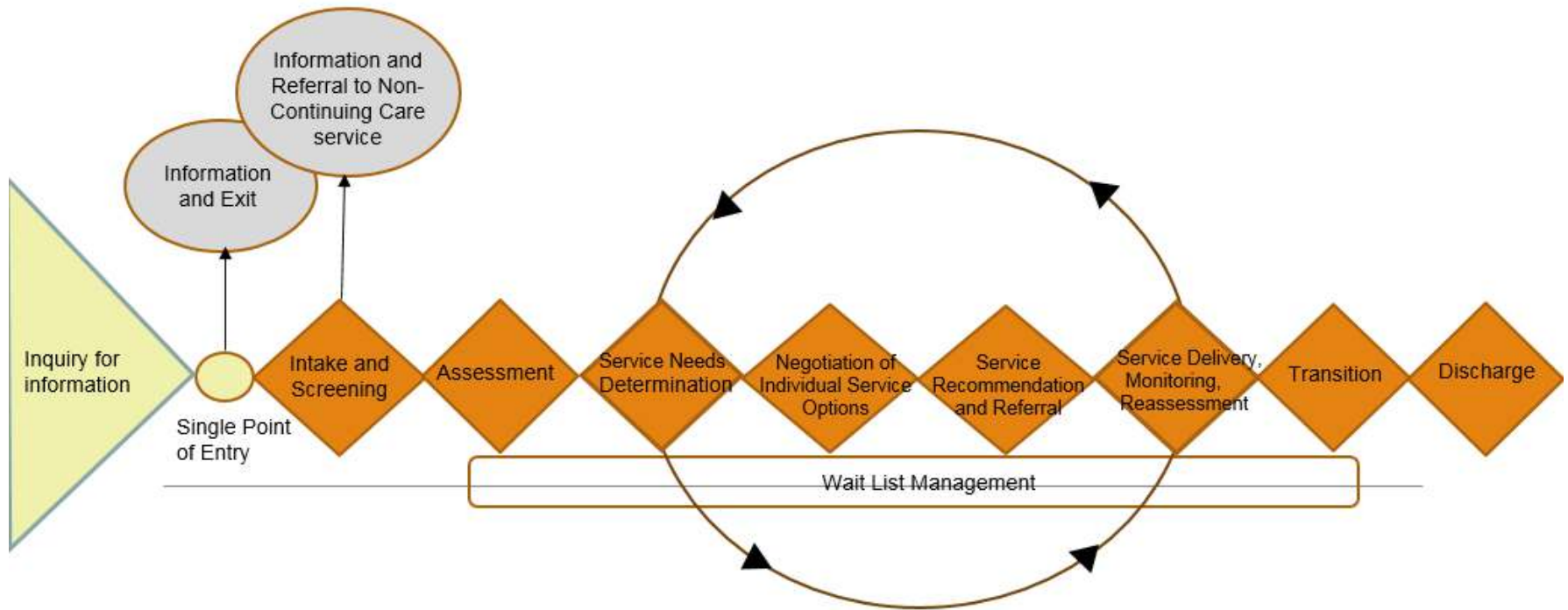
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## **YES with the following considerations:**

- Assessment of client stability (ex. tolerance, frailty, etc.)
- Must have therapeutic outcome measures
- Therapy Assistance are a limited resources so assignment of care is limited to weekly or biweekly.
- Examples of In-Home Therapy: (low to moderate intensity)
  - Swallowing exercises under supervision
  - Stair exercises
  - ADL dressing (with use of adaptive aids)
  - Donning and Doffing orthotic devices (independence)

# Intake process to Home Living

## Person-Centred Journey Through Coordinated Access



# Questions?

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